

Student Asthma Action Card and Written Orders

Name _____ Grade/Section _____

Insert most recent photo here

Medication order/s: 1. _____

2. _____

3. _____

- Student has been instructed in the proper use of medications and should be allowed to self carry and self administer medication.*
 It is my professional opinion that this student should not be allowed to carry and use prescribed medication by him/herself.

Physician signature _____ DATE _____

(required)

Parent/Guardian signature _____ DATE _____

(required)

* In most cases it is *preferable* to have medication kept in the health office so that the school nurse can assess your child and notify you if there is a problem. Students often lose or misplace their inhalers making it a problem when they need to be medicated right away.

Parent/Guardian _____ Phone _____ Cell _____

Parent/Guardian _____ Phone _____ Cell _____

Emergency Contact _____ Phone _____ Cell _____

Daily asthma management plan

Please identify asthma triggers – the things that start an asthma episode

- | | | | |
|---|--|--|---------------------------------|
| <input type="checkbox"/> Exercise | <input type="checkbox"/> Strong odors or fumes | <input type="checkbox"/> Change in temperature | <input type="checkbox"/> Pollen |
| <input type="checkbox"/> Respiratory infections | <input type="checkbox"/> Chalk dust/dust | <input type="checkbox"/> Animals | <input type="checkbox"/> Molds |
| <input type="checkbox"/> Food _____ | <input type="checkbox"/> Other _____ | | |

Please list other medications taken at home on a regular basis**

****Please notify the School Nurse when your child is placed on new medication/s, even if only taken at home. In the event of an emergency at school, it is important for the nurse to report to EMS personnel what medication a student has had on any given day.**

Signs of an EMERGENCY: Call 911 and parents

- No improvement of symptoms after 15-20 minutes of receiving medication
- Chest and neck pulled in when breathing.
- Sitting hunched over
- Difficulty walking and talking
- Cannot stop coughing
- Lips and nail beds are blue (cyanotic)